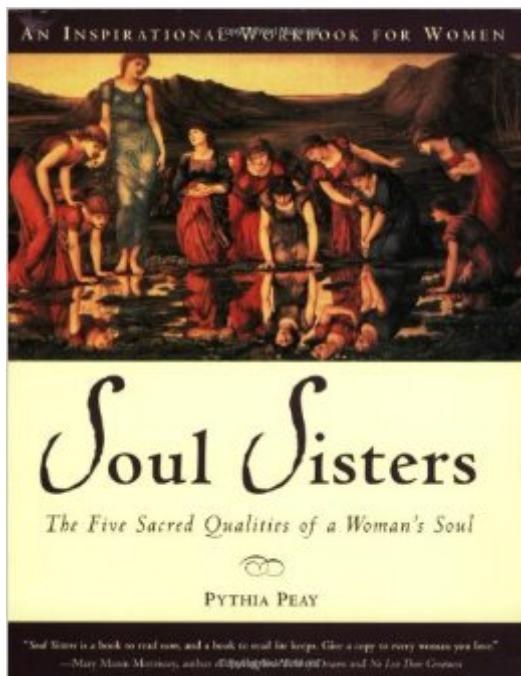


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# Soul Sisters: The Five Sacred Qualities Of A Woman's Soul



## Synopsis

A unique workbook to help women cultivate their full potential through the lives and lessons of the heroines of world spiritual traditions. Filled with exercises, anecdotes, quotes, and inspiration, Pythia Peay's *Soul Sisters* is designed to help women foster the traits that can be found in the great spiritual traditions of the world, and that are most needed in contemporary life. Each chapter shows how to cultivate the five "divine qualities": Courage, Faith, Beauty, Love, and Magic. *Soul Sisters* offers an abundance of examples of different female figures from the spiritual past and present who have embodied these characteristics in a distinctly feminine way. Through the road they have walked, readers can learn to discover their own individual heart-path to these strengths. Both an immensely practical workbook and an education in spiritual ideas, *Soul Sisters* is a companion for a lifetime.

## Book Information

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Average Customer Review: 4.8 out of 5 stars Â See all reviews Â (11 customer reviews)

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## Customer Reviews

In August, I found myself creatively blocked. At the time, I was unable to move forward on four projects due in November. One day, my frustration level hit the roof. I could not see past the list of things to do and the shrinking timeline. I questioned whether I had the courage and faith to serve as a vessel for each project's creative expression. I left my day job in a daze. As I walked up Massachusetts Avenue, Spirit guided me to Kramer's Books on Dupont Circle. I wasn't sure what I would find, but my soul knew there was something wonderful waiting for me on Kramer's bookshelf. Within twenty minutes of perusing the women's book section, my eyes fell upon Pythia's book. I

opened it and read the introduction. One passage captured my attention: "Indeed, the gift of the women's liberation movement has been to show that the talents of women do not just shine in marriage and in child-raising, but in all spheres of life, from politics and sports to art, science, religion, journalism, medicine, and business. Thus, in the last decades of the twentieth century, women's wide ranging creativity has flourished as never before. This historic watershed has opened up endless vistas of possibility for women, allowing them an unprecedented opportunity to experience precious freedoms so long enjoyed by men." Pythia's words described the essence of who I was as a child born in the sixties ... a beneficiary of the women's liberation movement. She reminded me that my creative projects were a blessing despite the temporary appearance of any blocks. Unable to put the book down, I continued reading the introduction, savoring each word ... each insight ... each revelation that Pythia shared from her own experience.

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